

#### Dear Friends,

Last week, I was privileged to help lead a YU Stronger Together Solidarity Mission to Israel with YU's Director of Student Leadership, Aliza Abrams Konig, Azrieli professor and clinical psychologist Rabbi Dr. Mordechai Schiffman, and one of the rabbis of Stern College, Rabbi Azi Fine. We were joined on the trip by our founders, Terri and Andrew Herenstein. For one of the most stirring and meaningful evenings of my life, we brought 37 YU undergraduates to the southern city of Ofakim for a *Hachnasat Sefer Torah*, the dedication of a new scroll, exactly one week ago.

The scroll was to honor the memory of Ariel Refael Guri, 30, and IDF Staff Sgt. Roi Haim Guri, 21, brothers from Ofakim, who were brutally killed on October 7 when they tried to fight a terrorist infiltration into their city. Their mother Zehava said that what would bring her consolation was a new Torah dedicated to their memory. Shai Graucher, a one-man miracle worker who has brought cheer to soldiers and citizens all over Israel, organized the event that the Herensteins generously sponsored.

It looked like all of Ofakim showed up for the dedication. Mrs. Guri was deeply touched that students from America, on their winter break, were there to both mourn and celebrate with her. She even walked down the block to our bus to thank the group, say goodbye, and give our students a blessing.

Many of our students were able to write a letter in the scroll, which was danced to the spot where each brother was murdered and then danced to their yeshiva amidst song. As one of our students wisely observed, "This was the Simchat Torah that Ofakim never had."

The Torah cannot replace the young, precious lives lost, but it does remind us of the values that are worth fighting and dying for and to live for them. "The holiest object in Judaism," writes Rabbi Sacks, "is a Sefer Torah a scroll of law. Still written today as it was thousands of years ago, by hand with a quill on parchment, it symbolises some of Judaism's deepest beliefs: that God is to be found in its words, that these words are to be found in the Torah, and that they form the basis of the covenant - the bond of love - between God and the Jewish people."

That night we experienced that beautiful, painful covenant. This week, Rabbi Schiffman writes poignantly on how the Exodus story was to be remembered and relived so that its facts and feelings

could stay with us even millennia after the event. What we saw in Ofakim, we will not forget. Now the task is upon us to repeat the Jewish story of survival laced with values, pride, and meaning that is represented by that Torah scroll.

May the memory of Ariel and Roi be for a blessing always.

Erica

Dr. Erica Brown Vice Provost, Rabbi Sacks-Herenstein Center for Values and Leadership

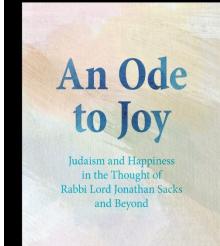


# Finding Joy in Crisis

### with Dr. Tal Ben-Shahar

Internationally renowned professor & best-selling author who wrote the Foreword to *An Ode to Joy: Judaism and Happiness in the Thought of Rabbi Lord Jonathan Sacks and Beyond* 





Co-edited by Erica Brown & Shira Weiss

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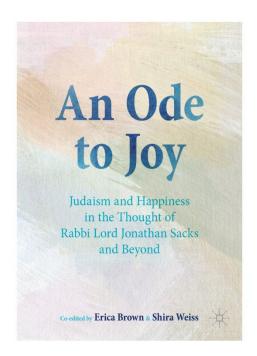
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An Ode to Joy: Judaism and Happiness in the Thought of Rabbi Lord Jonathan Sacks and Beyond, co-edited by Dr. Erica Brown and Dr. Shira Weiss

Featuring a conversation with YU Faculty contributors Rabbi Dr. Jacob J. Schacter and Dr. Shaina Trapedo

> Monday, February 5 at 8:00 p.m. Yeshiva University WIIf Campus Sky Cafe, Belfer Hall, 12th floor

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#### **Bo 5784**

#### **Maintaining Motivation**

Embedded in the Exodus story in *Parshat Bo* are three strategies to ensure that the eternal message and the burning passion for freedom would reverberate throughout history. Even before the Israelites were redeemed, Moses communicated these techniques so that they could translate their transformative experience into a better future.

In several essays, Rabbi Jonathan Sacks emphasizes the centrality of storytelling to the Exodus experience. As he eloquently develops, stories are important for both communicating values to the next generation, as well as for forming one's own personal identity. As he wrote, "We are the story we tell about ourselves." Even before the Exodus occurred, Moses framed the events of the day in terms of teaching and telling stories. The act of telling another what one has witnessed, especially to a child, also allows the storyteller to relive and revive the emotion of the original experience. Three verses obligate this narration: "For the sake of this, did the Lord do [this] for me in my going out of Egypt" (Ex. 13:8), that God, "spared our homes when He struck down the Egyptians" (Ex 12:27), and that, "With a mighty hand the Lord brought us out of Egypt, out of the land of slavery" (Ex 13:14). The storyteller relives the emotions originally felt upon being freed and conveys those feelings in vivid ways to the listeners. The act of telling the story keeps the memories and sentiments alive in the future.

The Sages in the Haggadah utilized the aforementioned verse, "For the sake of this (*ba-avur zeh*), did the Lord do [this] for me in my going out of Egypt" (Ex. 13:8), to teach that the story must be told when "*matza and maror* are placed in front of you." This allusion to a behavioral act is a second strategy for sustaining inspiration. By imbuing external objects with emotional significance and utilizing them as part of a meaningful ritual, the storyteller can recreate the original reaction. Rabbi Dr. Abraham J. Twerski, in his commentary on the Five Books, writes that this suggestion helps not just those who left Egypt, but also future generations because, "the sense impression of the miracle faded, and we are now left with only an intellectual knowledge of

the Exodus. To reinforce our conviction of the events of the Exodus, we use tangible objects, such as *matza and maror*, to stimulate a sense impression."

Professor Nehama Leibowitz, in her *New Studies in Shemot*, elaborating on the importance of ritual, writes that since "Man is a prisoner of his five senses" he therefore "requires tangible... symbols to keep him to the true path." Just thinking about something is not enough. We need a "concrete token that will constitute a means prompting the desired inner thought and verbal utterance." This is not just accomplished through *matza and maror* on Passover, but, according to Professor Leibowitz, is the essential element underlying the daily donning of Tefillin.

In a related essay in his *Sichot Mussar* on *Parshat Vaeira*, Rabbi Chaim Shmuelevitz, quoting the Talmud, suggests that right before redemption, the Israelites were presented with the commandment to free slaves after seven years. Even though none of them had servants or could even entertain the possibility, knowing that their experience of being slaves was still fresh and raw in their minds, God wanted them to concertize that experience with a commitment to action. If they waited until later, the emotion would have dissipated and their dedication to this value may have waned. This long-term commitment to moral action binds the Israelites and stirs them to reexperience their moment of inspiration.

This past week, I was privileged to be part of a Yeshiva University Sacks-Herenstein Center mission trip to Israel. The lingering question on the staff and students' minds is how to preserve the flame of the powerful emotions felt while bearing witness to the destruction and tragic aftermath of October 7th. Studying Moses' strategies for memorializing redemption provides a framework for remembering and communicating evil. It helps us maintain motivation for the ongoing fight. By telling the story to others, by infusing tangible symbols with ritual significance, and by committing to change behaviors for the benefit of others, we can concretize and conserve our powerful commitments long after their initial inspiration.

**Character Challenge:** What transformative event have you undergone recently? What can you do practically to extend the impact of the experience into the future?

**Quote from Rabbi Lord Jonathan Sacks** *zt"l*: "[Moses] speaks about the questions children may ask when the epic events that are about to happen are, at best, a distant memory. He tells the Israelites to do what Jews have done from then to now. Tell your children the story. Do it in the maximally effective way. Re-enact the drama of exile and exodus, slavery and freedom. Get your children to ask questions. Make sure that you tell the story as your own, not as some dry account of history. Say that the way you live and the ceremonies you observe are "because of what God did for me" – not my ancestors but me. Make it vivid, make it personal, and make it live" (*The Story we Tell*, Covenant & Conversation).

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