Guidance Plans Unfold

By Tzvfi Hirsht

Dr. Irving Levis, dean of students, has announced the opening of Yeshiva's first job placement program for students and the upgrading of the advising, guidance and counseling offices, beginning next semester. Ms. Cynthia Friedlander will head the job placement program, and Mr. Steven Safier will join the psychology counseling staff, and Rabbi J. Chellev will restructure his duties as guidance counselor to concentrate on his efforts on supervising residence halls.

Ms. Friedlander will perform many long neglected functions at Yeshiva. She will provide career workshops to inform students of career options, give individual and group career counseling, and organize recruitment days. Such a program has long been anticipated and is tentatively scheduled for February. Mr. Friedlander will also be cooperating with various clubs on related issues and will develop internships and find jobs for students.

According to Dr. Efrem Nulman, assistant to the dean of students, Mr. Friedlander has "lots of experience and connections," and will prove to be "a real asset to the University. She has a Masters in counseling and has been a member of Hunter College, and will remain as coordinator of the seminars in the career counseling office at Hunter and director of Counseling Services for the Group in New York, where she provides workshops in career management productivity.

To further bolster the job placement office, the University is considering the possibility of offering a Discover 11 program. According to Dean Levis, this self-administered computer program would "assist individuals in matching up their talents, values and ambitions with a variety of career options."

Continued on pg. 5, col. 6

WHAT MAKES SOBER KICK?

By Ivan Ciment

"I'm a human being, just like anybody else."

Ah, come on, Prof. Sober. Anybody who can shatter rocks on his forehead is bound to be a unique individual. And certainly worth putting up with. Especially when he's in your own style of martial arts to blend the two-Tora Dojo. Dojo is Japanese for "training hall," Tora is the word for Tiger. Not entirely by coincidence, Tora also refers to the Jewish Bible.

Haim Sober was raised as an Orthodox Jew and has been involved in Jewish life for as long as he can remember. "Since I was little," he said. "I went to Hebrew school and learned about Judaism."

While growing up, Sober lived in the Bronx, where he attended a neighborhood school and formed a friendship with a fellow student named Mordechai.

"You know, we used to be best friends," Sober said. "We would play baseball together and go to the movies together."

But as they grew older, their interests began to diverge. Sober became more involved in Jewish studies, while Mordechai turned to martial arts.

"He was always very talented," Sober said. "I've never seen anyone else who could do what he did."

Mordechai was the son of a famous karate teacher and had been trained from a young age. But he struggled to find a way to combine his love for Judaism with his passion for karate.

"I was always interested in Judaism," Mordechai said. "But I didn't know how to express it."

Sober helped him find a way. They started a Tora Dojo, a karate school that incorporated Jewish teachings into their training.

"It was very important to me," Mordechai said. "I wanted to do something that was both Jewish and authentic."
Tuna Fish Syndrome

College students are notorious for their poor eating habits. Demanding schedules, laziness, and the lure of the student union are all food the main reasons why students do not eat well-balanced meals.

A meal plan is a logical, simple solution which would allow students to purchase nutritious food at a reasonable price. The meal plan would be a pre-paid ticket entitling the student to a certain number of meals. The meal plan would thus guarantee the student holiday for registration, students declaration, politics communication skills, and college campuses nationwide. The administration, student council, student senate, and administration unfairlyoliCt a lar@ portion of the political awareness, as well as subjective abilities.

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Artistic Diversity At Y.U. Museum

By Solomon Schneider

The new exhibit at the Y.U. museum, entitled "The Art of De-Programming," is a microcosm of diversity among Jews. The exhibit is centered around a town square, which serves as the unifying element, symbolic of Jewish life. Each of the town squares is decorated with an enormous dreidel and an assortment of memorabilia of both traditional and modern design. Particularly interesting is the utilization of the two adjacent seder tables, complete with silver service and fine linens, is strikingly contrasted by a table of young artists in their Soho loft.

New Guidance Plan

Student Input

Freshman Advisor Dr. Abraham Zaroulis and Dr. David Levitz express difficulties encountered in adjusting to college life. Dr. Levitz and Dr. Nulman, though, would like to expand the counseling program even further. They have already completed a "town hall" meeting for freshmen and transfer students on February 7th, to discuss issues of concern. Moreover, they have been researching the possibility of instituting a peer counseling program, whereby upper classmen would advise their freshmen peers.

Academic Advancement

One area of concern is academic advancement. Dean Levitz, however, explains, "we are aware of the need for increased services in the area of academic advancement, and we are working on several possibilities to increase that service, hopefully for this coming semester." Dr. Levitz and Dr. Nulman stress that they would appreciate student feedback to facilitate improvement of student services.

Blood Drive Aftermath

by Yacov Balsam

As usual, Yeshiva College's semi-annual blood drive was a success, attracting 242 donors, December 20-21. According to co-ordinator, Mr. Saul Silver, this marked a slight decline from last spring's drive, which attracted 254 donors. However, the funds are also being directed to a new scholarship fund, and the addition of a chair in journalism.

Writing Tutorial Opens at Y.C.

by Yacov Balsam

In response to an initiative of the Yeshiva College Senate, a tutorial is designed to help those students seeking to improve their writing skills. The tutorial is designed to help students already capable of handling the English Composition course realize their full writing potential. Unlike the remedial courses required of students at Y.C., the tutorial is recommended, not compulsory.

Student Input

Dr. Dean Norman Rosenfeld, English tutorials are necessary nationwide due to a downswing in trends in writing abilities. Noting this tendency, many law schools now offer clinics to supplement the measurer writing preparation that some students received as undergraduates.

Portion of Brit Milah Room, Early American Circumcision

Art of Celebration

by Yuvon F. Steinberg

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something like this had to happen. It was so much easier to lose and be angry, than to win and feel responsible. After a while, though, I got the hang of winning," he said.

Folks up in China also got word of Sober and in 1982 he and his long-time student, Philip Klein, went to Asia as official guests of the government, and the Chinese Boxing Association. "Boxing" is the Chinese name for martial arts.

What put Sober on the plane though, was his determination to keep the promise made to his teacher before his death in 1966 to visit the teacher's brother located near the most honored and famous center of martial arts in China. The teacher's family had been part of the Imperial Court. After demonstrating his stuff before Dr. Chan, the revered "Boxing Master," he was told that "such high energy" had never been seen in a non-Chinese person. All across the country, the verdicts were coming up roses for Sober. He had the rare privileges of filming Wan Li Shun in action and was told by his guide that the entire night before his arrival Wan was so excited he could not sleep. Shun is the head of the Fubien Wu Shu Association.

As a result of his visit, Sober was featured in the China Association of Sports Illustrated, "Wu Lin" in February, 1984. Even today, monthly letters circulate between him and the masters, comparing notes with each other. Sober is on the VIP list by China, and is constantly invited for repeat engagements.

Fact is, Sober found that his training served him well, and that he had no problem demonstrating his superior abilities before the older, classical training masters. This served as no way of knowing how he ranks against the younger generation, as modern China prohibits fighting, and "boxing" is more gymnastics, than martial art. Sober has not been ranked in America, and shows no interest in the national karate associations, calling it a "money driven by the money. The Dr. is not willing to sacrifice the classical aspect for money!"

"Most karate in the U.S. is laughable, with minimal finesse and contact fighting for 'showmanship,'" he said. Sober takes great pride in the fact that he does not run a blackbelt factory and that although his students do compete in tournaments, ten of all students were ranked 8th in the U.S. simply by participating in a Macabiah trial.

Sober also cherishes his students in the classroom and refers to his "hobby" of ancient cultures, which he teaches at the University. Yet, martial arts is his self-declared profession, and Sober's role as a pioneer in the field is not to be taken lightly.

At 40, few Sober have to worry about going over the hill! "No way," says he.

"As people get older, they lose strength and coordination but gain better shape and reaction time. To best 'em, you have to be really high ranking!"

Better watch out.

FOCUS: That which cannot be taught is to break the brick. "KIMI. This is the centralization of the mind of a person's body forced into the body or the mind for purposes of meditation or concentrated focus," says Sober.

Quite literally, this is what causes rocks to explode at the touch of a finger, 300 page books can "think" your wound away! Not quite, but a sympathetic subject and proper psychological conditions can lead to effective results.

This concept of extending one's energy beyond his body is known as "astral projection" and has been a proven technique in achieving such feats as the High Energy Break (where the rock shattered). Scientific study has found that electrode readings recorded high outputs caused by a tremendous centering of energy. Of course, almost anybody could break a board. The frontier is reached once you have passed the point where brute strength cannot achieve the desired result, and you wonder whether you have the "focus" to break the brick. Sober mentions that some of his students cannot believe some of their accomplishments, yet find that the mind is capable of wonderful deeds.

Students beware, for this ESP China earlier this year, an agreement was reached with the Grand Master of the Chen Family Style Tai Chi, where alumni from Sober's Tora Dojo organization will be eligible to apply for participation in a special course offered in China. Those that are refused by Sober will be guests of the Government and will be treated accordingly. The only hitch is the air fare - food, surprisingly is not much of a problem when organizational dues of $40 per month, and presently operate 20 schools in the area and in Israel. The annual exhibition is slated for next month, and usually draws a crowd of around 1,000 spectators.

A club operates in Yeshiva University which meets five times a week. The Club president is Neil Mitnick, Mgr 323.

WHAT MAKES SOBER KICK?

The Dojo is open only to Jews, and the Chinese way, "is the centralization of the mind of a person's body forced into the body or the mind for purposes of meditation or concentrated focus," says Sober.

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Club Canada
President: Daniel Wolicki
Budget: $0.

For the daring, bold and foolhardy Indiana Joneses, the Club Canada promises to take you where no Yeshiva student has ventured before. Spirit is the key and is implemented through sailing, rock climbing, parachuting, white-water rafting and dangerous parties on the roof. If adventure is your game, then you might be interested in the upcoming scuba diving course, Kayak school, backpacking, freefall, "kill," parties and much more. Contact Neil Mitnick M323 (923-0078) or Brian Sand (927-1592).

Sephardic Club
President: Zvi Lando
Budget: $0.

To aid our neighbors to the north, the Sephardic Club was founded to explore the unique perspective of Canadians at Y.U. Recent activities include a hochzeit game, a Shabbaton, speakers and the annual Maple Leaflet. With nary a penny, search out David Wolicki (M205) or Maury Kelman (R303).

Math Club
President: Yan Wolfson
Budget: $0.

The Math Club is searching for all math oriented students. It has a dual purpose; to provide outside activities touching upon all aspects of mathematics, and to enlighten the student as to the vast opportunities in math or math-related professions. Selected members of the faculty, including Dr. Lebow in the near future, discuss all related to mathematics. Contact Yan Wolfson (R2113).

Computer Games
President: Zvi Lando
Budget: $25.00

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Heritage and

RABBI
WILLIAM
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Comedy Club With A Yarmulka

By Eliezer Hammer

Imagine! Going to Improvisation or The Comedy Cellar and being able to eat their food and not standing out in the crowd because of your yarmulka. Just think of not being too embarrassed to sit in the front chair and five dollar minimum. The last time I was in the Improvisation it was several Saturdays ago and I couldn’t help but feel a bit like a black sheep. 

The place is was when the performer used two beams which can’t be joking! so that just about everyone but a said, “Ict up very high so you will not man’s name and discov,er, it was to pt to know. · Jewish performers who related well to place to bring a group or friends, many people from Muncie, In...
Those Struggling Elites

By Moshe Orlian

The Y.U. Macs were one of the biggest surprised in the regular season by defeating division rival N.Y. Maritime 63-61 in an exciting contest. The Macs had trouble getting on track and trailed 22-28 at halftime. In the second half, the Macs scored four times but could not take the lead, trailing by as many as ten points. However,后面的句子被截断了，无法完整阅读。

Tauberen Go 3-1

By Marc Besler

The Y.U. Fencing Team, after winning its first two main, absorbed its first loss, against Hunter College. Even the 7-2 victory over the Old Dominion [Marc Besler was 3-0] could not overcome the loss of a strong team. The team's two wins by the Foil Team against the Old Dominion defeated Brooklyn College 17-10, the Sabre team redeemed itself with a 6-3 victory, and the Epee team's impressive 8-1 showing. Marc Besler posted a 3-0 performance and Ralph Gross 2-0. The Team's next match will be its first ever against Johns Hopkins on January 18, 1983. Hopefully, the winning ways will continue.

Intramural Playoffs

Basketball

By Moshe Wildes

The Juniors earned their record at 4-4 by routing the Freshmen 63-46 behind the solid all-around play of guard Steve Brodsky and forwards Darryl Strawherry and Dave Schwartz. This year's "contest" played out against the two main teams.

该游戏被截断了，无法完整阅读。