Parents and guardians of school-age children are struggling with some daunting realities in this current crisis. With parts of the country still under months-long stay-at-home orders, and schools closed by law for the foreseeable future, parents are expected to keep their household physically
safe from COVID-19 and their children emotionally protected from stress and anxiety, while simultaneously managing harsh fiscal realities, all the while being responsible for supporting their school-aged children’s education. While concern for parents is universal, the complicated position of an important subset of this population is often overlooked: parents of children with special needs.

Many parents of typically developing children are currently fearful that their children, missing the educational opportunities that in-person schooling provided them, will fall behind academically. Parents of children with special needs have the added worry that their children won’t just fall behind academically, but are missing the high level of support necessary to ensure continuous development of their social/emotional, fine/gross motor skills, speech skills, etc.

Nearly 15% of all public school students, ages 3-21, receive special education services. This means that while all children are attempting remote learning in their homes through the support of their parents, over 7 million children are likely missing out on at least some part of the direct services prescribed for them through Individualized Education Plans (IEPs) provided for by federal law (i.e. the Individuals with Disabilities Education Act (IDEA)).

Which special education services are provided vary greatly by student, and in accordance with their needs, as prescribed in their IEP after evaluation by education and related service professionals. Such services could include: accommodations for educational support in a general education classroom, educational support services provided outside the classroom, placement in
a classroom specifically designed to meet the needs of children with special
needs, and/or related services (i.e. speech/language therapy, counseling
services, physical therapy, occupational therapy, assistive technology, etc.).

At best, children who normally receive special education services through
their schools are currently missing opportunities specifically designed to
support their development. At worst, many children will regress in the
progress they have made in schools, due to a lack of access to vital
educational and related services during this crisis. Who, if anyone, should
be held responsible for these losses?

There are over 13,000 different school districts across the United States,
with likely 13,000 different plans on how to serve children with special
needs under their care, and with different degrees of expertise and different
levels of resources. Early in this crisis, a confusing directive from the
United States Department of Education (USDOE) seemed to suggest that
school districts could (and even should) avoid serving the needs of students
with disabilities by not providing educational services to all children in
their districts. Astoundingly, some school districts seemed to consider the
viability of a plan to deny all children access to educational services as a
viable option.

The USDOE clarified its directive in a subsequent memo that highlighted
the importance of providing educational opportunities for all children
during this crisis, and encouraged “parents, educators, and administrators
to collaborate creatively to continue to meet the needs of students with
disabilities.” Many school districts, including the nation’s largest, New
York City’s Department of Education, have created new systems (e.g.
NYCDOE Special Education Remote Learning Plan) to document how schools will meet the needs of children with special needs while they are learning at home.

While the federal government has made it clear that schools must continue to do what they can to meet the educational needs of children with special needs, it is unclear what the law expects from parents of children with special needs in the current crisis. Every parent is responsible, by law, for ensuring that their child receives an education. Of course, children are shortchanged simply by falling behind in their education, but it is the parents who may bear the legal brunt of a child being in violation of state educational neglect laws.

Educational neglect is generally defined as the failure of a parent or guardian to:

- enroll a child of mandatory school age in school,
- to provide suitable homeschooling, or
- support necessary special educational instruction and services.

The last category in this definition of educational neglect is the most relevant to the current discussion. How can, and should, the system hold parents responsible for supporting the instruction and services prescribed to children with special needs in the current crisis?

Parents of a child with special education needs have many questions:
• Are my child’s special needs being adequately addressed through remote learning?
• Are evaluations of students to determine their need for services being conducted during this crisis?
• How are required meetings regarding Individualized Education Plans (IEPs) and “504 Plans” being held?
• My child usually attends school through the summer: How are Extended School Year (ESY) services affected?
• How can I support and supplement remote special education services so that my child’s education and development is maximized?

Conclusion

While every one of the aforementioned questions is important, the answer to the final one is the most elusive because policies concerning parents’ responsibilities to their child’s education are already highly subtle. These responsibilities have become more complex, and less clear, with the advent of COVID-19. Balancing the right of parents to provide for the education of their children free from government limitation with the state’s obligation to ensure that each child receives a meaningful education has never been more nuanced. State level educational neglect statutes already give considerable discretion as to how school districts apply these policies to parents of students with special education needs. The current crisis only exacerbates the opaqueness.
Ironically, the present COVID-19 crisis may give parents, legislators, and school officials a unique opportunity to modify and codify best practices to prevent and respond to allegations of educational neglect of special needs children.

We are at a critical juncture in society where systems have the opportunity to review and revise to better meet the needs of those they serve. We cannot rely upon the systems already in place to appropriately respond to the unique realities we face today.

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