"Women in and Halacha"

by Debbie Fisch

The 2½ month old office of the dean of students, under the direction of dean of students Dr. Irving Levitz, is planning to expand the services and programs of the office.

Levitz: Progress Report

Dr. Irving Levitz

Levitz related that he is looking forward to improve the career development and guidance services. He is planning to expand the services and programs of the office.

Levitz also hopes to expand the recruitment and internship programs. He is planning to improve the career development and guidance services.

The office of the dean of students is planning a variety of cultural, intellectual, musical and athletic activities.

Chinese Sociologists Meet With Students

Chinese Sociologists Meet With Students

by Debbie Letheweit

The 18th annual Model United Nations at the University of Pennsylvania took place during the weekend of November 6-11. The theme of this year's Model United Nations was "China and the World: Past, Present, and Future." The participants were divided into six regions, each representing a different country.

Model UN

by Debbie Letheweit

The 18th annual Model United Nations at the University of Pennsylvania took place during the weekend of November 6-11. The theme of this year's Model United Nations was "China and the World: Past, Present, and Future." The participants were divided into six regions, each representing a different country.

The Chinese delegation had the opportunity to ask questions about religion in China and about the Chinese government. The Chinese government had the opportunity to ask questions about religion in China and about the Chinese government.
Beware of Men In Dorm
by Diane Feldman

A few weeks ago, I was getting into the elevator in Brookdale Hall when a man delivering pizza stepped in front of me. I held the door open and demanded that he get out. He did so, and stood looking bewildered in the lobby. I shouted for the guard, who was not at his post, only to discover that he had been watching the televised presidential debate in the front lounge. He claimed he was merely getting a drink of water (for ten minutes) but eyewitnesses said otherwise. The guard was replaced, and somebody told the poor delivery man he had the wrong address.

The fault was mainly due to the lack of cooperation among students. The fault was mainly due to the lack of cooperation among students. Perhaps it is the student's choice to attend, because the fault was mainly due to the lack of cooperation among students. Among them are symposiums, films and interesting programs. Events are held virtually every day.

The fault was mainly due to the lack of cooperation among students. For example, the students who were notified in advance, or were enrolled in the event, were able to determine what to do. They were immediately shown where the drill was. Students: "We learn what it is to be people were notified in advance, or were enrolled in the event, were able to determine what to do. They were immediately shown where the drill was. Students: "We learn what it is to be".; we learn what it is to be. The fault was mainly due to the lack of cooperation among students.

Beware of Men In Dorm
by Diane Feldman

A few weeks ago, I was getting into the elevator in Brookdale Hall when a man delivering pizza stepped in front of me. I held the door open and demanded that he get out. He did so, and stood looking bewildered in the lobby. I shouted for the guard, who was not at his post, only to discover that he had been watching the televised presidential debate in the front lounge. He claimed he was merely getting a drink of water (for ten minutes) but eyewitnesses said otherwise. The guard was replaced, and somebody told the poor delivery man he had the wrong address.

The fault was mainly due to the lack of cooperation among students. Perhaps it is the student's choice to attend, because the fault was mainly due to the lack of cooperation among students. Among them are symposiums, films and interesting programs. Events are held virtually every day.

The fault was mainly due to the lack of cooperation among students. For example, the students who were notified in advance, or were enrolled in the event, were able to determine what to do. They were immediately shown where the drill was. Students: "We learn what it is to be people were notified in advance, or were enrolled in the event, were able to determine what to do. They were immediately shown where the drill was. Students: "We learn what it is to be".; we learn what it is to be. The fault was mainly due to the lack of cooperation among students.
Available Joint Programs

by Swers Boich

The joint B.A./M.A. programs at Stern College, encompassing occupational therapy, psychology, nursing, engineering, Judaic studies, and Jewish education, are becoming increasingly popular among students.

A joint program, because of the accelerated nature of study, requires careful planning of one's courses, including the year in Israel. According to Rabbi Solomon, it is a sensible idea to plan the joint program in advance, as the number of courses is limited, and the student must complete all the required courses in the specified time frame.

The Evening program is the most popular joint program. The program requires four years at Stern and a minimum grade point average of 2.75 for application. The B.A./M.A. programs in Jewish Education and Judaic studies are similar to the aforementioned programs. Students interested in planning joint programs must consult the school catalog as well as the respective departments for more information.

SHARE YOUR TIME MAKE A NEW FRIEND

By giving just 1 hour a week you can enrich your life and bring happiness to a lovely older person on the upper west side. Show that you care—become a DOROT volunteer. For further information call DOROT.

864-7410
Iris Reiner, 251 W. 100th St.
New York, N.Y. 10025
Eager Beavers

by Rochel Gross

Everybody procrastinates sometime.

It might take the form of waiting until the night before a big test before doing any studying. It might be delaying work on an important assignment that should have been done yesterday. Procrastinators could even be waiting until the last possible moment to write a newspaper article. There are almost as many ways to procrastinate as there are things to do or people to avoid doing them.

We all know that procrastination is the art of keeping up with yesterday, do we ever stop to ask what is the heart and soul of this common practice? Quite simply, why do 99.9% of the world's inhabitants live by the motto, "Why can't I put it off until tomorrow?" I've seen nearly a lifetime of procrastinators and how to implement it, and I have come to the conclusion that there are basically two major reasons why people procrastinate: tension and Freud.

The first one is easy to see. There are times when normal, hard-working people are in a state of anxiety and relaxation and all of a sudden along comes a constructive something or nothing, or nothing is doing. Who feels like getting up and doing it? I'm sure you say, "No, now, I'm procrastinating." Of course, in order to procrastinate in the true sense of the word, the task in question must eventually get done. Otherwise, the tension and anxiety are "postponing" (reading work), not "procrastinating" (delaying it).

I suspect that the second type of procrastination is much more widespread. This is when a person develops an actual fear of the proposed issue and therefore delays it as long as possible in an effort to escape as much unpleasantness as possible. For example, I hate packing and the idea of putting my things into some place where there are no more luggages does something to my nerves. This explains why I somehow always wind up packing the day my plane leaves and am still sitting on the floor, desperately trying to close it, five minutes before I have to leave the airport.

My best illustration of Dread-Caused Procrastination is when I tried to go to the GRE wax. I waited 3 weeks before actually picking up a form, left it in a drawer for another week, and spent an additional 7 days taking it each night and looking at it, before finally filling out the form at 2:00 a.m. and mailing it in right before the deadline. Not surprisingly, I wasn't especially excited by the prospect of taking a test and worrying about GRE's, so I waited until the last minute when I'd have no time to panic. It's a dread producing mechanism.

So you see, procrastination is not necessarily a bad thing. If something you should strive to go about. The task you are avoiding essentially gets done and you have the benefits of some needed relaxation and relief. It's foolish to feel guilt about your procrastination-since you have been feeling guilty and useless. With enough practice, these feelings can become as automatic as any habit.

Most of the great procrastination begins at a young age. Typical behavior is exemplified by the "Don't want to bed" syndrome. Children develop voracious appetites, overwhelming, unique, and amazing habits of personal responsibility when you go to sleep.

Later on in life, they will resist cleaning their dorm rooms, writing term papers and balancing accounts in an unconscious effort to retain their sanity for as long as possible. You can never reform a true procrastinator. My parents have tried and tried and the only noticeable effort I've made is not an amazing ability to refute "The evils of Procrastination" in my sleep. My work habits have remained virtually unchanged. When traveling, I am a dead-as-a-pillow, wuss. It is usually useless trying to force the consequences of the dastardly deed. A resourceful procrastinator can always find ways to manage. I'm not bothered by lack of sleep, because I believe in afternoons nap. And I can always find time for a last minute rush job by simply putting off something else.

Part of the problem is, a procrastinator's feeling of guilt over his lifestyle does catch up with him. It may be triggered by a real "Evils of Procrastination" lecture, or a sudden sense of responsibility and maturity. After all, procrastinators, while sometimes resembling lazy bums, are basically responsible people. I can usually just shrug off these feelings, but sometimes ignoring them in the hope they'll go away eventually doesn't help. Then I have to take drastic measures like throwing myself my work and making all of those annoying little things I've been putting off actually become reality.

A word of advice to procrastinators who are determined to go straight: eventually something will pop back up your old self once more. It's inevitable. Thinking, itself, is a major cause of procrastination. People did not think about what they had to do, so they just put it off. Of course, if everyone went around doing things without thinking, we'd be in a lot worse shape than we are now. So when guilt hits, I think the best thing to do is to sell yourself you won't always be like this. After all, you can always stop procrastinating tomorrow.

I sincerely hope that the administration of the University of Pennsylvania, which also sponsored the conference, will use my paper as a basis for a ruling on the limited number of seats.

As a delegate to the conference, I have seen several other cities make provisions for students with special needs. The University of Pennsylvania has a special needs program for students who require a special diet. The University of New York also has a special needs program for students with special dietary needs.

The University of Pennsylvania has a special needs program for students with special dietary needs. The University of New York also has a special needs program for students with special dietary needs.

The University of New York also has a special needs program for students with special dietary needs.